

Ronce remarquable, ronce élégante

Salmonberry (*Rubus spectabilis*)

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<https://www.coastsalishplantnursery.org/product/salmonberry-rubus-spectabilis-/166>



Description



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The trifoliate leaves are bright green, with numerous veins and toothed edges. The stems are golden and lightly covered with prickles, and though often they grow upright, they may be found arching over. Salmonberry is a vigorous spreader that can form dense thickets if not tended to.

Uses by People & Cultural

Significance

These edible, tasty fruits are an important food for Coast Salish peoples. Traditionally, the berries were eaten with salmon or mixed with oolichan grease or salmon roe. The family of plants related to salmonberry included raspberry and blackberry; all three are beneficial for women's health, and are used for treating menstrual cramps, strengthening the uterus, and supporting healthy pregnancy, labour, and nursing.

Blooms & fruits

Striking fuschia flowers bloom from April to May, followed by raspberry-like, orangish-red berries ripening from May through July.

Wildlife value

The flowers are pollinated by insects and hummingbirds, and are especially important for migrating Rufous hummingbirds in search of nectar. The berries, brambles, and leaves are eaten by a wide range of wildlife, including grouse, raccoons, skunks, foxes, and bears, and the plant forms dense thickets, providing excellent cover for wildlife. Salmonberry is a larval host for omnivorous looper and *Adelphagrotis stellaris* moths.

Salmonberry *Rubus spectabilis*

<https://linnet.geog.ubc.ca/Atlas/Atlas.aspx?sciname=Rubus%20spectabilis&redblue=Both&lifeform=4>